

Cordt Kassner

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January 7th, 2024

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Headlines

[Sunday Newsletters](#)

Top read stories of the last month is the focus of Sunday newsletters - enjoy!

[Rosalynn Carter's impact on caregivers](#)

Kevin MD Blog, by R. Lynn Barnett; 12/25/23

... As caregivers, we are the voice for others, but we also need to be a voice for ourselves. ... I wasn't prepared, as many people aren't, for the fiscal and physical aspects of caregiving. ... The toll that caregiving can take is often underrated, understated, and under-appreciated. ... Rosalynn Carter was known as a "Steel Magnolia," showing the same inner fortitude and mettle, combined with grace, of the main characters in the film of the same name. I think all of us caregivers become steel magnolias. It's not that we deserve a medal for our actions; we just deserve a little peace. **[Editor's Note, *Joy Berger for Hospice and Palliative Care Today: Rosalynn Carter founded the Institute for Caregiving 35 years ago, preparing for the surge of Baby Boomers' aging and caregiving needs. Her memorable quote lives on: "There are only four kinds of people in the world--those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need caregivers."* Visit www.rosalynncarter.org for more information.]**

[Top 5 'Hidden Gem' Palliative Care News Stories from 2023](#)

Hospice News, by Holly Vossel; 12/18/23

1. 'This Is Different': Building a Sustainable Palliative Care Workforce
2. Providers Hit Obstacles to Scaling Palliative Care
3. Earlier Palliative Care Yields Higher ROI
4. U.S. Patients Have Unequal Access to Palliative Care
5. Pediatric Palliative Care Providers Seek to Improve Parental Engagement



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[Hospice patient enjoys fishing adventure](#)

Hickory Daily Record; 12/30/23

Carolina Caring's compassionate hospice and palliative care empowers patients to make the most of each day as they navigate serious illness. One patient, Barbara, has been under hospice care with Carolina Caring and has shared ... with her nurse, Kelly Avery, and social worker, Megan Elmore ... that her fondest memories were of fishing with her family on Lake Hickory. After being diagnosed with chronic obstructive pulmonary disease and chronic heart failure, Barbara's symptoms were getting increasingly harder to manage. She went from fishing once a week to once a

month, to not having fished in over two years. ... Thanks to multiple visits a week from her Carolina Caring care team, Barbara was able to build the confidence to once again cast her line and enjoy the great outdoors. ... Kelly and Megan coordinated with the Carolina Caring Volunteer and Foundation Departments to secure fishing licenses and gather together a spread of Barbara's favorite foods at Dallas Park & Recreation ponds. For just the second time in the past year, Barbara left the house.

[What do people dream about before they die? Doctors mention this one common detail](#)

24/7 News Agency, 12/25/23

A study from 2020 confirms that patients who experienced such symptoms became stronger and mentally stronger. There was peace coming from them. The family and relatives of the dying person claimed that being aware of this information helped them go through the mourning process more smoothly. Christopher Kerr, a cardiologist and director of the Hospice and Palliative Care Center in Buffalo, as well as the author of the book "Death is Just a Dream", is one of the first people who decided to explore the topic of dreams occurring just before death.

[New residential end-of-life facility opens in central PA](#)

Patriot-News (Harrisburg, PA); 12/26/23

Chambersburg, PA—Mercy House of Chambersburg has opened at 730 Norland Ave. in Chambersburg. Mercy House was formed last year and partners with local hospice agencies in providing care for those who need 24-hour assistance and who are unable to remain at home.



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[Aaron A. & Maria H. Putnam Family Charitable Trust gives grant to Aroostook Hospice Foundation](#)

The County (Presque Isle, ME); 12/26/23

Presque Isle, ME—The Aroostook Hospice Foundation, owner of the Aroostook House of Comfort, is delighted to announce the receipt of a generous \$5,000 grant from the Aaron A. and Maria H. Putnam Family Charitable Trust of Houlton.

[Bank employees go above and beyond—Donations exceed \\$100,000 in 2023](#)

PRNewswire; 12/28/23

Lake City, FL—First Federal Bank is pleased to announce the success of its 2023 First

Federal Way campaign, which received contributions of \$50,430 from employees. With the bank's match, a total of \$100,900 is being donated to local non-profit agencies who make a significant difference in their communities.

[After the chaotic closure of a St. Louis nursing home, will others also shut down?](#)

St. Louis Post-Dispatch; 12/24/23

St. Louis, MO—The north St. Louis nursing home that closed abruptly last weekend, setting off a chaotic relocation of residents and layoffs of workers without warning, had been in decline for several years. ... Other area nursing homes face similar financial pressures and lingering damage from the COVID-19 pandemic. ... “I think we’re going to see a lot of nursing homes close, that’s my prediction—I mean a lot of nursing homes,” [Harvey] Tettlebaum [a lawyer who for decades has represented the Missouri Healthcare Association, a group for long-term health care organizations] said. “I think it’s going to escalate next year.” Among the most vulnerable are providers that primarily serve residents who rely on Medicaid.



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Today's Encouragement

[I have no special talents. I am only passionately curious. ~Albert Einstein, 1952](#)

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