

## Cordt Kassner

---

**From:** Hospice & Palliative Care Today Newsletter  
<subscriptions@hospicepalliativecaretoday.com>  
**Sent:** Saturday, April 20, 2024 4:00 AM  
**To:** Cordt Kassner  
**Subject:** Your Hospice & Palliative Care Today Newsletter for 04/20/24

### OUR SPONSORS

[Teleios](#)

[LMHPCO](#)

[Composing Life](#)

[Hospice Analytics](#)



**HOSPICE &  
PALLIATIVE CARE  
TODAY**

**April 20th, 2024**

*Saturday newsletters focus on headlines and research - enjoy!*

### Contents

1. [Lens X: A practical approach to taking care of your people](#)
2. [Cultural values influence on rural family caregivers' decision-making for ill older adult loved ones](#)
3. [Factors associated with early palliative care among patients with heart failure](#)
4. [Diary of a Family Physician](#)
5. [Formal training in palliative care for the trauma surgeon: Hospice and Palliative Medicine Fellowship](#)
6. [Value of a multidisciplinary geriatric oncology committee on patient care in a community-based, academic cancer center](#)
7. [Strategies to enhance the affordability of hospice and palliative care services](#)
8. [Automated electronic health record score to predict mortality risk at the US Department of Veterans Affairs](#)

9. [Rural-urban disparities and trends in utilization of palliative care services among US patients with metastatic breast cancer](#)
10. [How do people in prison access palliative care? A scoping review of models of palliative care delivery for people in prison in high-income countries](#)
11. [Journal of Religion & Health Issues Research Articles in April 2024 Edition](#)
12. [Today's Encouragement](#)

## Headlines

### **Lens X: A practical approach to taking care of your people**

*The Journal of Character & Leadership Development, by Daphne DePorres, Matthew Orłowski, Matthew Horner, David Levy; 4/24*

Graduates of the United States Air Force Academy (USAFA), as commissioned officers, are charged to “take care of their people.” While this leadership aphorism makes sense, this article describes what it means in practice. An interdisciplinary USAFA team explored the dynamics of leader development from multiple angles, resulting in a focus on two dimensions (or “lenses”) that help a leader understand what actions can be taken to help an employee achieve subjective well-being at work. The intent is to draw attention to the nature of the interaction with organizational members that foster engagement and need fulfillment. We do that by focusing a leader’s attention on needs, narratives, and micro-exchanges. Those interactions, behaviors, and micro-exchanges are the foundations of and the most tangible, changeable element of climate and culture. This practical lens equips any leader to seize every opportunity to foster fulfillment of the psychological needs for belonging, agency, and efficacy. This framework can be used by anyone but is particularly relevant to supervisors and USAFA cadets who will be entrusted to lead an all-volunteer military force.

*Publisher's note: An interesting article on leadership and change management by my friend and colleague Dave Levy, PhD, Professor of Management and Leadership at the US Air Force Academy. He also co-authored three books: [The 52nd floor: Thinking deeply about leadership](#), [Attitudes aren't free: Thinking deeply about diversity in the US Armed Forces](#) and [Echoes of mind: Thinking deeply about humanship](#).*

## Research News

**[Cultural values influence on rural family caregivers' decision-making for ill older adult loved ones](#)**

*Journal of Pain and Symptom Management*, by Shena Gazaway, PhD, RN; J. Nicholas Odom, PhD, RN; Ivan Herbey, MD, MPH; Margaret Armstrong, MSN; Felicia Underwood, LICSW, MPA; T. Vantrice Heard, PhD; Ashley Allen, BSN, RN; Christiana Ekelem, BS; Marie A. Bakitas, DNSc, CRNP; Ronit Elk, PhD; 4/24

Rural older adult Americans receive more intense treatment at end of life. Studies indicate that those who participate in goals of care conversations receive care more concordant with their values. Yet, rates of documented goals of care discussions are lower in rural and Black communities. Although multi-factorial, the role that rural family caregivers play in decision-making for ill loved ones is understudied.

### **Factors associated with early palliative care among patients with heart failure**

*Palliative Medicine*, by Caroline P Meehan, Emily White, Alexander CVitan, Lan Jiang, Wen-Chih Wu, Mitchell Wice, Jency Stafford, James L Rudolph; 4/24

While more than 20% of HF patients in our cohort had PC well in advance of death, more than half died without PC. PC involvement seemed to be driven by comorbidities rather than HF. Effective collaboration with Cardiology is needed to identify patients who would benefit from earlier PC involvement.



**Accelerate Impact**  
**Accelerate Influence**  
**Accelerate Innovation**

*Sponsor of Hospice & Palliative Care Today*

### **Diary of a Family Physician**

*American Family Physician*, by Elizabeth Philippe, Jennifer Nielsen Fan; 4/24

*Publisher's note: This is part of a series of "a day in the life of...". It's interesting to view the world through someone else's perspective, and what might the "Diary of a Hospice Physician" say?*

### **Formal training in palliative care for the trauma surgeon: Hospice and Palliative Medicine Fellowship**

*Current Trauma Reports*, by Alison Haruta, Ian McCurry, Allyson Cook Chapman; 4/24

Palliative care aims to alleviate suffering across multiple domains and treat the

patient and family as a unit to provide goal concordant care. Utilization of palliative care principles in trauma surgery has emerged as a crucial component of comprehensive patient care. We discuss formal hospice and palliative medicine training, the benefits of this fellowship, and how surgeons integrate this into their careers.

### **Value of a multidisciplinary geriatric oncology committee on patient care in a community-based, academic cancer center**

*Journal of Geriatric Oncology, by Gurbani Singh, Lena Morant, McKenzie Bedra, Jennifer Emel, Kelly Harris, Yudhishtira Markan, Christopher de Borja, Monica Tong, Patrice Downs, Cherif Boutros; 5/24*

The present study demonstrates the profound impact that the complexities in health status and frailty among older individuals can have during cancer management. The Geriatric Oncology Program at the University of Maryland Baltimore Washington Medical Center maximized treatment outcomes for older adults through the provision of standard oncologic care therapies and optimization services, while also minimizing unnecessary interventions on an individual patient-centric level.



### **Strategies to enhance the affordability of hospice and palliative care services**

*Digital Commons @ University of South Florida - Annual Undergraduate Research Conference, by Jhanav Sabharwali, Roy Chen, Valerie Vargas Ardila (mentor Dr. Irene Hurst); 4/24*

This research aims to find efficient solutions to aid affordability in vulnerable populations, specifically the hospice and palliative care population.

*Publisher's note: Interesting topic for an undergraduate research conference!*

### **Automated electronic health record score to predict mortality risk at the US Department of Veterans Affairs**

*American Journal of Hospice and Palliative Medicine, by Thomas F Osborne, Zachary P Veigulis, Anna Ware, David M Arreola, Catherine Curtin, Marianne Yeung; 4/24*

A readily available risk score, automatically calculated from EHR data, was able to

identify patients at high risk for 30-day mortality in the acute care setting. Next steps will be to assess how the CAN score can be utilized to improve end of life care for high-risk hospitalized Veterans.

### **Rural-urban disparities and trends in utilization of palliative care services among US patients with metastatic breast cancer**

*Journal of Rural Health, by Jincong Q Freeman, Adam W Scott, Ted O Akhiwu; 2/24*  
In this national, racially diverse sample of patients with metastatic breast cancer, the utilization of palliative care services increased over time, though remained suboptimal. Further, our findings highlight rural-urban disparities in palliative care use and suggest the potential need to promote these services while addressing geographic access inequities for this patient population.



### **How do people in prison access palliative care? A scoping review of models of palliative care delivery for people in prison in high-income countries**

*Palliative Medicine, by Emma Gilbert, Nick De Viggiani, Joana de Sousa Martins, Tanuka Palit, Jessica Sears, Daniel Knights, Audrey Roulston, Mary Turner, Lucy E Selman; 4/24*

We identified a typology of three models of care delivery for people in prison in high-income countries: (1) Embedded hospice model, typified by an interdisciplinary team and volunteer caregivers providing care on-site; (2) Outsourcing Care model, in which end-of-life care is provided outside the prison; (3) Collaborative community model, which involves prisons engagement with other healthcare facilities or practitioners. ... Embedded hospice models in the USA are prevalent and demonstrate promising evidence for enhancing the care experience for recipients and peer caregivers. Chaplains, social workers and peer caregivers provide psychosocial support, yet documented assessment and

strategies for managing the distinctive needs of this group and their families are lacking, despite their acknowledged complexity.

## **Journal of Religion & Health Issues Research Articles in April 2024 Edition**

*Springer Publishing, 4/18/24;*

The *Journal of Religion and Health*, a journal that says it explores modes of religious and spiritual thought with emphasis on their relevance to current medical and psychological research, published research articles on the following topics in its April 2024 edition (Vol. 63, Issue 2): [Click on the title's link]

Classification/Subject from Nexis Newsdesk: Religion (96%), Muslims & Islam (92%), Suicide (91%), Assisted Suicide (90%), Death & Dying (90%), Diseases & Disorders (90%), Ethics (90%), Medicine & Health (90%), Psychology (90%), Research Reports (90%), Cancer (89%), Novels & Short Stories (89%), Associations & Organizations (87%), Indigenous Peoples (79%), Adolescents & Teens (78%), Alternative Medicine (78%), Bioethics (78%), Health Care Professionals (78%), ...

## **Today's Encouragement**

We are what we repeatedly do. Excellence, then, is not an act but a habit.

~Aristotle



***Sign up for our free daily newsletters [here!](#)***

### ***The Fine Print:***

***Paywalls:*** Some links may take readers to articles that either require registration or are behind a paywall. ***Disclaimer:*** Hospice & Palliative Care Today provides brief summaries of news stories of interest to hospice, palliative, and end-of-life care professionals (typically taken directly from the source article). Hospice &

*Palliative Care Today is not responsible or liable for the validity or reliability of information in these articles and directs the reader to authors of the source articles for questions or comments. Additionally, Dr. Cordt Kassner, Publisher, and Dr. Joy Berger, Editor in Chief, welcome your [feedback](#) regarding content of Hospice & Palliative Care Today. **Unsubscribe:** Hospice & Palliative Care Today is a free subscription email. If you believe you have received this email in error, or if you no longer wish to receive Hospice & Palliative Care Today, please unsubscribe [here](#) or reply to this email with the message "Unsubscribe". Thank you.*