Cordt Kassner

From:

Sent: To: Subject: Hospice & Palliative Care Today Newsletter <subscriptions@hospicepalliativecaretoday.com> Monday, September 2, 2024 4:00 AM Cordt Kassner Your Hospice & Palliative Care Today Newsletter for 09/02/24

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September 2nd, 2024

We honor Labor Day with this special issue. Instead of the typical business articles we post, we use today's issue to pause. To breathe.

HOSPICE &

TODAY

PALLIATIVE CARE

- We celebrate the compassionate labors of you, your employees and volunteers.
- We recognize the many patients and their families you're serving who experience this day as ending a "last" summer together and facing unknowns ahead.

You inspire us. To "inspire" means to "breathe." Today, we hope to inspire you with some favorite "Today's Encouragement" posts from recent months. (We value your



feedback. Do you like this format? Let us know with a simple click on today's final post.)

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Today's Encouragement

New: Everyone breathes in air, but it's a wise person who knows when to use that air to speak and when to exhale in silence. ~ Chitra Banerjee Divakaruni, *Queen of Dreams*

We all require and want respect, man or woman, black or white. It's our basic human right. ~ Aretha Franklin

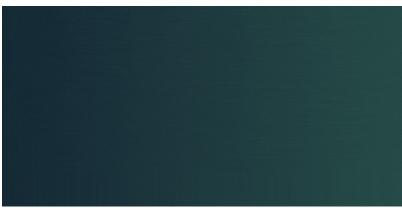
Let us remember - One book, one pen, one child, and one teacher can change the world. ~ Malala Yousafzai



It is during our darkest moments that we must focus to see the light. ~ Aristotle

The difference between ordinary and extraordinary is that little extra. ~ Jimmy Johnson

If you want to be the best you have to do things that other people aren't willing to do. ~ Michael Phelps, Olympic swimmer 2000, 2004, 2008, 2012, 2016, the most decorated Olympian of all time with a total of 28 medals. Click here for his post-Olympic Foundation, with its vision "to save lives and help build healthier families."



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When you first get a hill in sight, look at the top of it only once. Then imagine yourself at the bottom of the other side. ~ Florence Griffeth Joyner, known as Flo-Jo, Olympic runner 1984 and 1988, in Time's 2020 list of the most influential women of the past century. **If you don't like the road you're walking, start paving another one.** ~ Dolly Parton

You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. ~ Dr. Seuss, in *Oh, The Places You'll Go*



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I can't change you and you can't change me, but together we can work to change the world! ~ Germany Kent

Rarely are opportunities presented to you in the perfect way, in a nice little box with a yellow bow on top. ... Opportunities, the good ones, they're messy and confusing and hard to recognize. They're risky. They challenge you. ~ Susan Wojcicki [Click here to read Susan's role in creating Google in 1998, and her more recent role as YouTube's CEO, 2014-2023.]

Monday is for people with a mission. ~ Cristina Imre



Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover. ~ Mark Twain

I wonder if my first breath was as soul-stirring to my mother as her last breath was to me. ~ Lisa Goich-Andreadis, 14 Days: A Mother, A Daughter, A Two-Week Goodbye

Quick Question: Do you like this Labor Day special edition with

inspirational quotes? We value your feedback. Please click here to answer this quick question.





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